

Arkansas Colleges of Health Education

MPH, Concentration in Nutrition

The Master of Public Health (MPH) with a concentration in Nutrition prepares students to provide, evaluate and communicate nutritional and dietary guidance that improves individual and population-wide health outcomes. In addition to developing their knowledge of nutrition science, students will explore behavior change, communication, and the effects of dietary culture on individuals and communities.

The 21-month MPH distance education curriculum—delivered by our highly experienced faculty—explores a service-oriented approach to community health. The online curriculum promotes **collaborative discussions** among educators and peers of diverse backgrounds, perspectives, and thought.

Why Earn Your MPH in Nutrition From ACHE?

Earn your MPH in Nutrition to develop practical skills as a principled public health professional. ACHE is committed to educating and training a diverse group of highly competent and compassionate healthcare professionals. These same values are interwoven through the vision of the MPH program, as we equip our students to actively engage in their community to advance health and well-being.

What can a degree in Public Health Nutrition do for you?

Careers in public health can be extremely fulfilling. Once you earn your MPH online, you can **open doors to new career opportunities**. A few career pathways may include:

- Community health educator
- Nutrition consultant
- Food service nutritionist
- Clinical research coordinator
- Health care administrator
- Public health project manager

Cost

[For MPH tuition information, please click here.](#)

Curriculum

The MPH Nutrition concentration is designed to teach the next generation of public health professionals how to **promote health equity in their communities**. All students enrolled in the MPH program take a common set of core classes designed to give basic skills and knowledge of public health concepts, along with concentration courses designed to deepen knowledge in Nutrition.

As part of the core curriculum, students will complete two final projects:

- The 120-hour Applied Practice Experience (APEX) creates an opportunity to apply knowledge and skills learned into practice within a professional setting in the student's community.
- The Capstone is a culmination of knowledge, theory, and skills learned throughout the curriculum into a final capstone paper.

Completion of all course requirements, including the two final projects, ensures that graduates have attained the MPH with a concentration in Nutrition core competencies.

MPH Nutrition Course Schedule

Fall Term 2024

Foundations of Public Health
Epidemiology for Public Health
Health Behaviors & Theory

Spring Term 2025

Biostatistics for Public Health
Health Communication & Promotion
Community Health Assessment

Summer Term 2025

Policy, Leadership, & Ethics
Public Health Nutrition

Fall Term 2025

Nutrition Assessment
Obesity & Cardiometabolic Disease
Nutritional Epidemiology

Spring Term 2026

Capstone
Applied Practice Experience

Select two (2) courses from the list below:

Maternal & Child Health
Research Methods for Public Health
Disaster Relief & Emergency Response
Environmental & Occupational Health



Join our next cohort today!

For more information

Email: admission.mph@achehealth.edu